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The Historical Basis of Body Psychotherapy

Edited by Courtenay Young

Introduction

"Roots": 4 extracts on the 'roots' of Body Psychotherapy, by Barbara Goodrich-Dunn & Elliot Greene; Ulfried Geuter; Nick Totton; and David Boadella

An Overview of the History of Body Psychotherapy, by Bernd Eiden

Psycho-physical synthesis at the foundations of Body Psychotherapy: the 100-year legacy of Pierre Janet, by David Boadella

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2. *The History and Development of Body Psychotherapy: The American Legacy of Reich.*
3. *The History and Development of Body Psychotherapy: European Diversity.*
4. *The History and Development of Body Psychotherapy: European Collaboration.*
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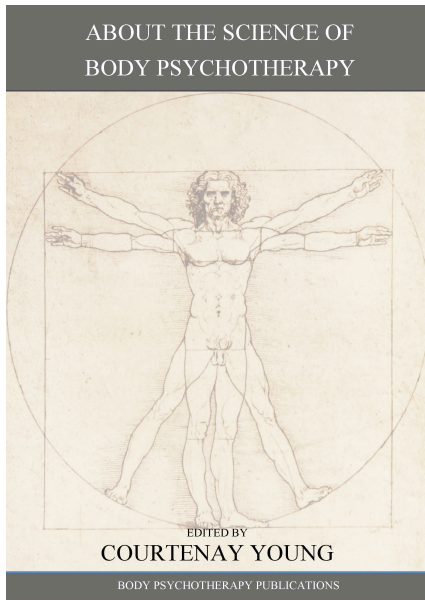
On Elsa Lindenberg & Reich, by Courtenay Young

What is European Body Psychotherapy Now? A European perspective, by Courtenay Young

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About the Science of Body Psychotherapy

Edited by Courtenay Young



Introduction

Body Psychotherapy Research: An Introduction, by Alice Ladas

“At the Border Between Chaos and Order” – What Psychotherapy and Neuroscience Have in Common,
by Roz Carroll

Research 101 for Body Psychotherapists: Cultivating a Somatically-Informed Research Mind, by Christine
Caldwell and Rae Johnson

A Series of Essays on the Science of Body Psychotherapy Today, by Courtenay Young

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Part 3: Appropriate Science

Part 4: New Science & Research

(Body) Psychotherapy is a ‘Craft’, not a ‘Science’ by Courtenay Young (original article with Michael Heller)

Efficacy of Bioenergetics Therapies and Stability of the Therapeutic Result: A Retrospective Investigation, by
Christa D. Ventling

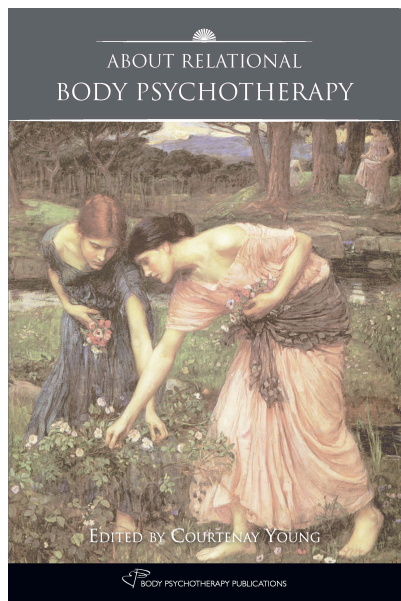
***Body Oriented Psychotherapy: The state of the art in empirical research and evidence-based practice: A
clinical perspective***, by Frank Röhrich

Addendum, by Courtenay Young

A Call to Arms! Let Us Further Embrace Science! by Courtenay Young

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Embodiment and Relationship: Two halves of one whole, by Nick Totton & Allison Priestman

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More than Words: Moments of meaning in relational psychotherapy, by Angela King

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Part 2: Something Old, Something New, Something Borrowed, Something Blue.

Part 3: Salsa Lessons and the Emergent Self: Somatic Organization, Relationality and the Place of Self in Body Psychotherapy.

Part 4: Gliding on the Strings that Connect Us: Resonance in Relational Body Psychotherapy

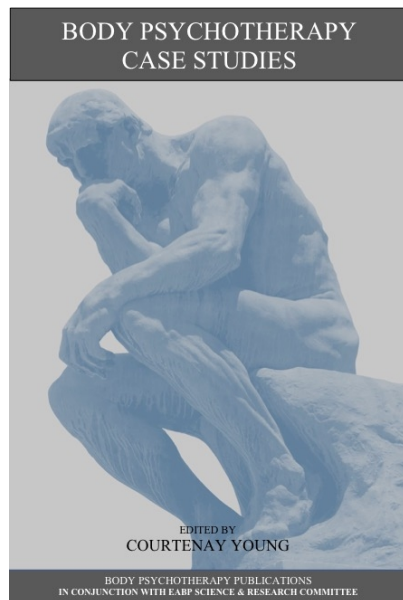
Intercultural Body Psychotherapy: The culture in the Body and the Body in the Culture, by Julianne Appel-Opper

The Dawn of a New Identity: Aspects of a relational approach to psychotherapy with a trans-sexual client, by Angela King

Let There Be Light": Creating Differentiation and Safety with a Highly Dissociative Client through Relational Body Psychotherapy by Asaf Rolef Ben Shahr, with Kate Wood

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- 1.1 Introduction:*** Scientific & Research Committee
- 1.2 About Body Psychotherapy:*** Courtenay Young
- 1.3 An Introduction to Case Studies:*** Courtenay Young

Historic Case Studies

- 2.1 Bernhard – A Case Study of Soma & Spirit:*** Stanley Keleman
- 2.2 A List of Historic Body Psychotherapy Case Studies***

Case Study Presentations on the theme of ‘Embodiment’ (from 2016 EABP Congress Scientific Symposium)

- 3.1 The Role of Embodiment in Therapeutic Process:*** Sladjana Djordjevic
- 3.2 Female Emancipation: Achieving stable embodiment in the face of early stress:*** Christina Bader Johansson
- 3.3 Doing Effective Body Psychotherapy Without Touch:*** Courtenay Young

Two More Case Studies from the EABP Science & Research Committee

- 4.1 Sexual Violence and its Consequences:*** Herbert Grassmann
- 4.2 “Marina Crossing the Bridge”: An adolescent crisis with the symptomatology of an eating disorder:*** Zoe Schillat

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- 5.2 About the release of effects of Pre-Natal Traumatization through Enactment Techniques***
- 5.3 The Release of Pain in the Upper Back by Body Psychotherapy exercises: Defining personal boundaries***

Some Further Case Studies

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- 6.2 “And So It Goes On” – A story of one therapy:*** Russell Rose
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- 6.5 A Woman of Many Colours:*** Laura Hope Steckler
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Overview: The Use of Touch in Psychotherapy, by Bernd Eiden.

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The Power of Touch in Psychotherapy, by Courtenay Young

The Continuing Evolution of Touch in Psychotherapy, by Anastasia D. McRae

A Study of Ethical and Clinical Implications for the Appropriate Use of Touch in Psychotherapy, by Kerstin E. White

Somatic Tracking and the Ethical Use of Touch, by Jaffy Phillips

Touch and the Therapeutic Relationship 1: Shifting a Paradigm, by Andrea Uphoff

Reflections on 'Touch in the Psychotherapy Relationship' 2: The Haptic Hazard, by Andrea Uphoff

Biodynamic Massage as a therapeutic tool: with special reference to the Biodynamic concept of equilibrium,
by Clover Southwell

Stirring the Depths: Transference, counter-transference and touch, by Tom Warnecke

A Cup, Grasping my Fingers, by Asaf Rolef Ben-Shahar

Attuned Touch, by Susan McConnell

About the Ethics of Professional Touch in Psychotherapy, by Courtenay Young

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The Body in Relationship: Self – Other – Society

Edited by Courtenay Young

Contributions from Presenters at the EABP-ISC Congress: Lisbon, September, 2014

Introduction

Presenter's Contributions

Differentiating low energy states related to stress: Merete Holm Brantbjerg

Biodynamic Psychotherapy for trauma recovery: A mixed method pilot study: Denise Saint Arnault & Sharon O'Halloran

Experiencing Interconnectedness through Movement, Dance and Art: Ursula Schorn

Mind-body interventions in traumatic situations: Grace Wanderly de Barros Correia

Trans-general and Inter-generational Trauma: Elya Steinberg & Gerhard Payrhuber

Modern Functionalism in Psychological Emergencies: Enrica Pedrelli & Luciano Rispoli

Relational Somatic Psychology: Wade H. Cockburn

Mother's, Toy's and Child's: Brasilda Rocha

Nearby Strangers: The concurrent desire for connection and dread of realising intimacy: Shai Epstein

A Self-Model for Relationship: Will Davis

Working with Constellations: Traudl Szyszkowitz

The Virgin and the Whore: Themes and variations: Miriam Nelken

The Bioenergetics of a Healthy Society: Frederic Lowen

Migration: Trauma and Anxiety Disorders: Luis Gonçalves Boggio

Embodiment: Body Psychotherapy for Beginners: Christina Bader-Johansson

Frustration and Support: Provocative Methods in Body-Oriented Psychotherapy: Boris Suborov

The Social Perception of the 'Big Five' Personalities on the basis of facial photographs with neutral expressions: A research study: Vera Pivonkova

Religion, Science & Contemporary Society: Fernando Barbosa de Freitas

Society, Empathy & Sociopathy: Olinda Fertoni Nunes (*also in Spanish*)

Bodily Resonance: Formative Processes in Aesthetic Experience: Marion Lausche (*also in German*)

A Person, A Story, Three Languages: Genovino Ferri (*also in Italian*)

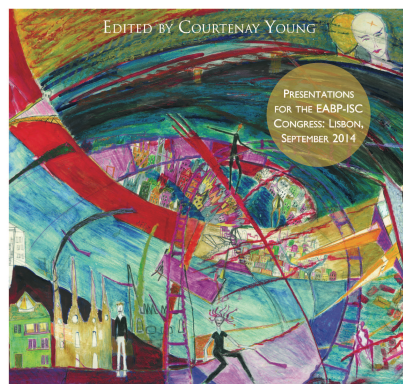
A Development of Body Psychotherapy in Brazil: Focused Bioenergetic Therapy: Liane Zink

Schema of a Therapy of Seven Movements: Madlen Algafari

"Gossiping for Good": Talks about Space in a Community – The Community as Partner: Renata Teruggi & Luis Carlos de Sousa

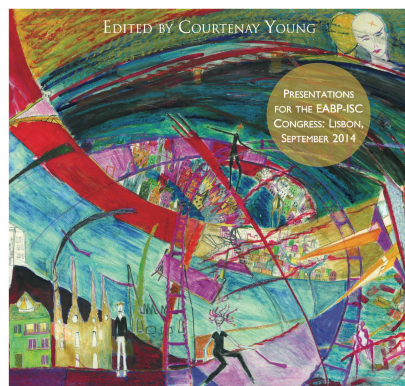
Healing Birth Patterns: Gabrielle & Christian Bartuska

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Systemic Integration Process (SIP): Integrating body-mind and soul aspects: Panagiotis Stambolis & Sophia Tsoumaki

Women – Bodies – Language: Bettina Schroeter

Professional Academic Writing: Enriching the Human Experience: Nancy Eichhorn

Guidelines for the Writing of a Body Psychotherapy Case Study: EABP Science & Research Committee

Kinetic Awareness: Anette Torgersen

Affective Sustainability in Human Relationships: Mary Jane Piava (also in Portuguese)

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