

# Body Psychotherapy PUBLICATIONS

Body Psychotherapy Publications is a new venture. It is an imprint dedicated to publishing materials relevant to the training and professional practice of Body Psychotherapy (B-P) and Somatic Psychology.

The intention is to do at least three things:

- Reprint significant articles to do with B-P that are now not so easily accessible; and to reprint these articles in collections with a common theme as an edited book: i.e. The Historical Basis of B-P; About the Science of B-P; About Relational B-P; About Touch in B-P; etc.
- To provide a possible venue for new B-P authors as sometimes our contributions are not sufficiently well placed within the 'mainstream' and/or mainstream publishers are really only out to make money; neither of which says anything about the quality of the actual material. This possibility now opens a door for new authors in the field of B-P.
- Providing a way of getting the very rich and varied B-P articles that are 'out there', but which are not written in English, to be translated from their language of origin, and then published.

Hopefully, in due course, the flow will go the other way, and people will want to translate these volumes into different languages. We would be very open to that and would be willing to offer copyright permission at very reasonable rates, or to publish our own translated versions.

## Looking ahead

Whilst – so far – this is virtually a one-person business, it is very early days, and I/we in Body Psychotherapy Publications are very open to working with other contributors (authors, editors, investors, translators, marketing suggestions, etc.) in a variety of different ways as long as these people are energetic or enthusiastic. Suitable levels of rewards & remuneration will be worked out. The 'company' will be set up on a co-operative, work democratic basis.



Courtenay Young, founder of  
Body Psychotherapy Publications

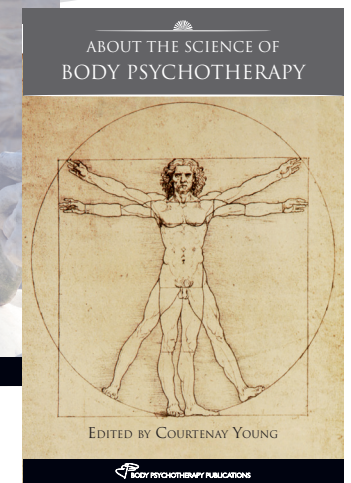
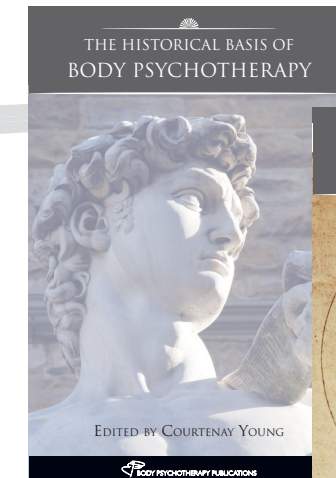
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[www.bodypsychotherapypublications.com](http://www.bodypsychotherapypublications.com)



# Body Psychotherapy PUBLICATIONS



A new publishing initiative  
focusing on furthering the field  
of Body Psychotherapy



# THE HISTORICAL BASIS OF BODY PSYCHOTHERAPY

Edited by Courtenay Young



## Contents

- **“Roots”**: 4 extracts on the roots of Body Psychotherapy, by Barbara Goodrich-Dunn & Elliot Greene; Ulfried Geuter; Nick Totton; and David Boadella
- **“An Overview of the History of Body Psychotherapy”**, by Bernd Eiden
- **“Psycho-physical synthesis at the foundations of Body Psychotherapy: the 100-year legacy of Pierre Janet”**, by David Boadella
- A series of 6 essays on **“The History & Development of Body Psychotherapy”** by Courtenay Young
- **“On Elsa Lindenberg & Reich”**, by Courtenay Young
- **“What is European Body Psychotherapy Now?”** by Courtenay Young

ISBN: 978-1-908729-00-2

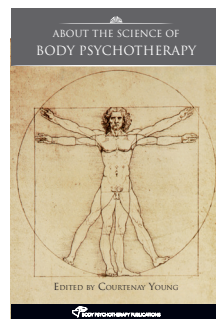
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ISBN: 978-1-908729-01-9 | £15.00; €18.00; \$24.00

# ABOUT THE SCIENCE OF BODY PSYCHOTHERAPY

Edited by Courtenay Young



## Contents

- **Body Psychotherapy Research: An Introduction** by Alice Kahn Ladas
- **“At the border between chaos and order” – what psychotherapy and neuroscience have in common**, by Roz Carroll
- Four extended essays on **“The Science of Body Psychotherapy Today”** by Courtenay Young:
  - A Background History
  - The Current Situation
  - Appropriate Science
  - New Science & Research
- **“Psychotherapy is a ‘Craft’, not a ‘Science’”**, by Courtenay Young
- **“Body-Oriented Psychotherapy – the state of the art in empirical research and evidence-based practice: a clinical perspective”**, by Frank Röhricht

ISBN: 978-1-908729-03-3

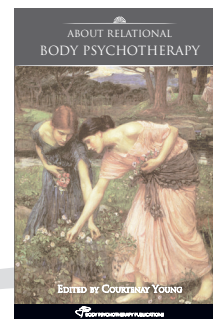
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ISBN: 978-1-908729-02-6 | £15.00; €18.00; \$24.00

# ABOUT RELATIONAL BODY PSYCHOTHERAPY

Edited by Courtenay Young



## Contents

- **“Embodiment and Relationship: Two halves of one whole”**, by Nick Totton & Allison Priestman
- **“Current Body Psychotherapy: the Chiron Approach”**, by Michael Soth
- **“More than Word: Moments of meaning in relational psychotherapy”**, by Angela King
- **“Relational Living Body Psychotherapy: From Physical Resonances to Embodied Interventions and Experiments”**, by Julianne Appel-Opper
- A series of 4 essays on **“The Relational Turn and Body Psychotherapy”**, by Asaf Rolef Ben Shahar
- **“Intercultural Body Psychotherapy: The culture in the Body and the Body in the Culture”**, by Julianne Appel-Opper
- **“The Dawn of a New Identity: Aspects of a relational approach to psychotherapy with a trans-sexual client”**, by Angela King
- **“Creating Differentiation and Safety with a Highly Dissociative Client through Relational Body Psychotherapy”**, by Asaf Rolef Ben Shahar & Kate Wood

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## FORTHCOMING & PLANNED TITLES

### To Touch or Not to Touch: About Touch in Body Psychotherapy, Volumes I & 2

These two titles will contain extended essays about the use of touch in Body Psychotherapy.

**Contributing authors:** Bernd Eiden, Gill Westland, Courtenay Young, Kerstin E. White, Anastasia D. McRae, Jaffy Phillips, Lisbeth Marcher, Ofer Zur, Angela King and others.

Other subjects in the pipeline are: Body Psychotherapy & Trauma; Body Psychotherapy for certain conditions such as depression, anxiety and chronic pain; About Movement in Body Psychotherapy; Embodied Practice and Supervision; Transference & Countertransference in Body Psychotherapy.

*If you would like to become involved in Body Psychotherapy Publications in any way, or if you know of any Body Psychotherapy material – possibly in a different language – that you would like to see published or re-published, or if you would like to suggest a topic for a volume please get in touch.*